

INSTANTS DE BEAUTE

Cleansing Express Treatment

With Marine Breeze Mask

Face & neck (for all skin types)

30 mins



Pre-procedure work station set up

Tools & equipment	Products
Large facial bowl	Biphasé - Jojoba & Cornflower floral water
Small facial bowl	Algae & Collagen Cleansing Milk
Warm towels (oshibori)	Deep Cleansing Gel
Steamer	Sea Tonic Lotion
Cleansing brush	Algae & Aloe Vera normal skin scrub
Spatula	Breeze Oligo+++ Concentrate
Applicator brushes x 2	Biphasé - Jojoba & Cornflower floral water
Comedone extractor	Eye make up remover
Plastic Bag	Calmosensine Serum
Tissues	Algae & Silicium Massage Cream
Cotton pads	Calmosensine Cream
Gauze	



OP = optional

ST = perform with steam

Oshibori = warm towel compress

Steps:

- 1) **Welcome Client**
- 2) **Hot Neck Roll** - **OP** – place it in plastic bag and cover it with dry towels and put it under client's neck.
- 3) **Essential Oil** - **OP** - apply a few drops of aromatherapy oils on your hands. Put your hands above clients nose and ask the client to take 3 deep breathes to encourage relaxation.
- 4) **Pre Cleanse** - 1) apply Biphasé - Jojoba & Cornflower floral water with pre-moistened cotton round to remove all eye make-up. 2) apply Algae & Collagen Cleansing Milk to face and neck to remove facial make up. Remove cleanser with **oshibori** or warm water with gauze.
- 5) **Skin Reading** (refer to Facial Protocol for more information).
- 6) **Cleanse** - **ST**– apply Deep Cleansing Gel all over neck & face with two applicator brushes simultaneously. Cleanse under the steam using “cleansing massage” or “ the technique of brushing”. Remove cleanser with **oshibori** or warm water with gauze. (see Signature Technique for further details.)
- 7) **Tone** - spray sea tonic lotion to skin and pat dry.
- 8) **Exfoliate**- **ST** - using Algae & Aloe Vera normal skin scrub, gently massage for one minute under steam, remove the hot 'neck roll' from underneath client's neck and use it to remove exfoliant. Perform extractions if needed.
Turn off steamer. It is no longer needed
- 9) **Marine Breeze Mask** - apply Breeze Oligo+++ Concentrate to 2 gauze squares and use it as a facial mask on face and neck, leave it on for 5' (see Facial Protocol for more information).
- 10) **Massage** – using Algae & Silicium Massage Cream, massage for 5'. Remove product with **oshibori** or warm water with gauze.
- 11) **Powerful Treatment Serum** - using Calmosensine Serum for all skin types or Targeted Treatment Serum based on Skin Reading, for greater penetration of serum use - **OP** - Pincement Jacquet Technique Movements. (see Signature Technique for further details.)
- 12) **Powerful Cream** using Calmosensine Cream for all skin types or Targeted Treatment Cream based on Skin Reading, and finish off with the “Sea Energy Tap” movement (see Signature Technique for further details.).

TREATMENT FREQUENCY: Once a month.