



Instant de Beauté

Normal Skin Reveal Beauty Facial

Cleanse
Detox
Remineralize
De Stress

MARINE PROFESSIONAL CARE

with natural extracts from Brittany

Instants de Beauté is a 3-step dermal matrix restructuring system: pre-cleanse, cleanse and power treatment. Using unique products rich in minerals, we can balance the skin naturally and treat a range of skin imperfections.

The Bleu & marine Facial will leave clients with immaculately clean, smooth and glowing skin.

bleu&marine Instants de Beauté Facial is

- Versatile & Effective
- Works for all skin types except oily, sensitive and acne skin.
- Ideal for first time clients

bleu&marine Instants de Beauté Facial is for normal, combination and dry skin.

This treatment [can be customized](#) for oily, acné or for pigmented skin, so every skin type or concern can be targeted every time.

bleu&marine Facial are [Low Cost per treatment translates for bigger profit from day one.](#)

Treatment Objectives are to

- cleanse deep pore
- cleanse deep tissue
- exfoliate
- balance
- correct the skin



Sea Side Stroll - Recharge Skin with Oligoelements

WAKE UP TO HEALTHY, BEAUTIFUL, FLAWLESS SKIN

At bleu & marine we use seven seaweed varieties in our products: Laminaria Digitata, Chondrus Crispus, Fucus Vesiculosus, Aosa, Lithothamnium, Spirulina and Ascophyllum Nodosum. Seaweed has Vitamins A, B, C, D, E, K, amino acids, and a rich collection of minerals, such as calcium, iron, iodine and phosphorus – to make us look and feel better. During the Instants de Beauté Facial, skin is nourished with a cocktail of Trace Elements and Minerals (Magnesium, Potassium, Calcium, Manganese, Silicon, Sodium, Copper, Zinc and Iron) which plays an important role in recharging the skin with essential nutrients, hence maintaining of the skin's integrity.

Algae extract that is derived from sea plants is found to be very rich in minerals that nurture, soften and smooth the skin, by helping it retain moisture.

It has firming and anti-irritant properties, highly suitable for ageing skin as well as skin infections. It acts by increasing the activity of collagens and other proteolytic enzymes, which aid the skin in retaining its pliability and younger looking effect.

Algae Extract also consists of polysaccharide sugars. It plays the key role in promoting the retention of moisture in the skin. There are various kinds of polysaccharides that are present in Algae extract such as alginates, fucoidanes, polyphenols, fucosterol etc. Alginates are compounds responsible for moisture retention and elasticity of the skin. Fucoidanes are sulfated polysaccharides that encourage circulation. Polyphenols have anti septic, anti - oxidant properties. Fucosterol functions as a tremendous emollient, moisturizer, blood stimulant and diuretic.

The excellence exhibited by the algae extract is due to its water-binding properties. It aids smoothens the horny layer of skin and makes it lithe.

The extract contains some essential trace elements and vital nutrients such as Copper, Silicon Iron, Zinc, and Magnesium etc. that play a major role in the metabolic processes of the skin. It also contains amino acids, which are an important part of human blood plasma and it also increases absorption.

Algae extracted from seaweed is a natural moisturizer. It is very effective in preventing wrinkles and it has a detoxifying effect.

Tension Relief, Line Prevention with Calmosensine

It seems that our lives are becoming ever more stressful, we all expect so much of ourselves now. With e-mails and phones we are available 24/7, no matter where we are. We rush from one thing to the other, with barely any time to process what is happening to us. With tv, iPods, and non-stop traffic, we so rarely sit in silence. So is it any wonder that the demands we make of ourselves are becoming visually apparent on our skin? We accept that stress can cause skin conditions such as eczema – but research has shown, that in fact, stress is also one of the biggest contributing factors to ageing skin.

How stress ages the skin?

So, how does stress actually affect the skin? The skin and the central nervous system are embryologically related as both the skin and the central nervous system are derived from the embryonic ectoderm and the skin plays a cardinal role as a sensory organ in the socialization process from early infancy throughout the entire life cycle. The earliest social interactions between the infant and its care givers occur via touch. Stress not only affects such things as acne flare-up, in general, it worsens the overall skin condition. It induces the adrenal glands into over production of cortisol, a steroid, which in turn makes sebaceous glands produce more oil. Why acne? Stress stimulates adrenal glands to produce more hormones and then also slows down the healing process. It has also been established that psychological stress can decrease the wound healing capacity of immune systems up to 40%.

Stress can cause premature ageing.

But stress can also cause premature ageing. Chronic stress causes the adrenal glands to over produce cortisol which decreases the skin's ability to regenerate – also leading to wrinkles and sagging skin. When cortisol is high, we also see a drop in the production of the anti-ageing hormone known as dehydroepiandrosterone (DHEA). We have naturally high levels of DHEA when we are young, but experience a steady decline as we age.

So, what do you do?

The first thing is to try to slow down, to take some time for yourself to allow your body to come out of "fight or flight" mode. Take time to breathe, to experience your life rather than rush through it. Bleu & marine Calmosensine Serum and Calmosensine Cream will help skin to de-stress and prevent ageing.

When applied to the skin of Calmosensine™ was shown to.

- Increase the skin's tolerance to thermal aggression
- Reduce the skin's sensitivity to chemical irritants
- Reduce tactile sensations

Lait Démaquillant Algae & Collagen Cleansing Milk

provides your skin with all the powerful marine vitamins, minerals and anti-oxidants.

Facial pre-cleansing / make-up removal. This gentle facial milk combining mineral - rich algae and soothing marine collagen, moisturises and calms the upper epidermal layers leaving the skin velvety soft and supple.

Cleansing Milk gently removes impurities and make-up from even the most sensitive of skin.

Cleansing Milk is more than just a cleanser - it's a nourishing treatment in itself. It has been carefully blended with seaweed, collagen and plant extracts to create a unique cleanser with regenerating, remineralizing and anti-ageing properties.

+ it is extremely rich in precious active elements with nourishing, moisturizing, antioxidant, purifying and stimulating properties and Collagen, a fundamental protein of the skin's connective tissue that provides support to the skin.



Professional Use
Apply to pre-moistened cotton rounds and remove eye make-up wipe downward on closed eyelids. Rinse off with damp round cotton pads. Remove lipstick with a cotton pad.
Then use a facial brush to apply Cleansing Milk to neck & entire face.
To increase effectiveness and prevent over-stimulation, bleu & marine recommends to apply the Cleansing Milk onto the face and leave it on for 2 to 3'. Then wipe away with dry cotton without pressing or remove from skin using warm oshibori or warm water and gauzes.
Next, tone the skin with the appropriate toner (normal skin / oily skin / pigmented skin).

Ref 1L01PProfessionnel 500 ml
(due to a manufacturer packaging change,
item received may vary from photograph.)
Retail 200 ml



Lotion Tonique Algae & Collagen Tonic Lotion

provides your skin with all the powerful marine vitamins, minerals and anti-oxidants.

Hydrates just-cleansed skin
Rebalances and nourishes
Prepares skin for moisturizer
Revitalizing / toning action.

Combining algae extracts rich in minerals, amino acids and carbohydrates with gentle cryogenic and softening agents, this multi-purpose lotion refreshes, tones and invigorates the skin, making it the perfect partner for our Purifying Cleansing Gel in bleu & marine cleansing treatments.

Beauty Benefits A refreshing, highly soothing lotion with immediate visible results, created to give the complexion a vibrant, refined appearance. Purifying, antiseptic with a touch of alcohol, it deep-cleanses the skin and visibly tightens the pores. Helps rebalance oily secretions and promotes a shine-free matte appearance.

Application : Apply Sea Tonic Lotion with spray or with cotton pads onto face and neck. Gently pat the skin dry if necessary.



Close eyes and spray over entire face after cleansing and wipe off with cotton pad.
Or leave on 3' like a «lotion mask», with a gauze (dry and very dry skin).



Ref 1T01P
Professionnel
500 ml

Formulas: No paraben, silicone, petrochemical derivatives, PEG, phenoxyethanol, SLS, or artificial color

Gel Purifiant

Deep Cleansing Gel with essential oils

Second Cleansing - deep cleansing

- Deep cleanses skin
- Helps remove impurities and excess oil
- Leaves skin feeling refreshed and clean

Deep cleansing action. This vitamin B6-enriched, antibacterial cleanser combining algae extracts and zinc, gently normalises and purifies the skin helping to remove deeply-lodged impurities and residue as well as dead skin cells.

Its natural active ingredients:

- Marine Collagen - replenishes connective tissue that supports skin structure.
- Fucus Algae – acts by increasing hydration and thereby maintaining and improving the skin's elasticity.
- Lavender Essential Oil - removes nervous tension, disinfects skin.

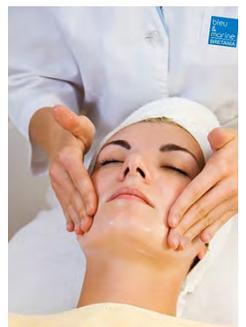
How to Use It

Under steam or over wet skin, apply with a facial brush to entire face & neck.

To work deep Cleanser into the skin you may use a mechanical brush, a face brush or your fingers to distribute and deep cleanse.

Remove the Gel with gauze and water or warm oshiboris.
Tone skin with appropriate tonic lotion.
The skin is now ready for exfoliation.

Application 2 : To deep skin clean & purify make a mixture of our Purifying Gel and Sea Tonic Lotion. Massage in with a face brush and gently wipe away, rinse and pat dry.



Ref 1G01P
Professionnel
500 ml

Brise Marine

Marine Breeze Oligo+++ Concentrated

provides your skin with all the powerful marine vitamins, minerals and anti-oxidants.

Based on sea water and seaweed, which contain more than 60 active marine ingredients, mineral salts, oligo elements, vitamins, proteins and fibres.

Recognised for its medical properties in favouring cellular exchange and in stimulating the skin's defence mechanism, it is also used in dermatology to strengthen the skin's tolerance and soothe irritations.

Naturally rich in mineral salts and oligo-elements, Oligo+++ Concentrat helps contribute to the protective functions of skin.

Directions for Use: Use in a professional face treatment, like a Tonic or like a "mask":

Use 2 large size gauze squares which can be separated into 2 layers. Place the 2 squares over each other and dispense about 2-3 squirts of the Marine Breeze Oligo+++ Concentrate over the top square. Try to cover a larger area of the square. Press the two squares lightly so the softener spreads down into both squares.

Remind the client you will use Marine Breeze - concentrated in oligo-elements, invite client to close the eyes and to imagine a walk at the seaside and feel all benefits of marine breeze. Spray over neck and face.

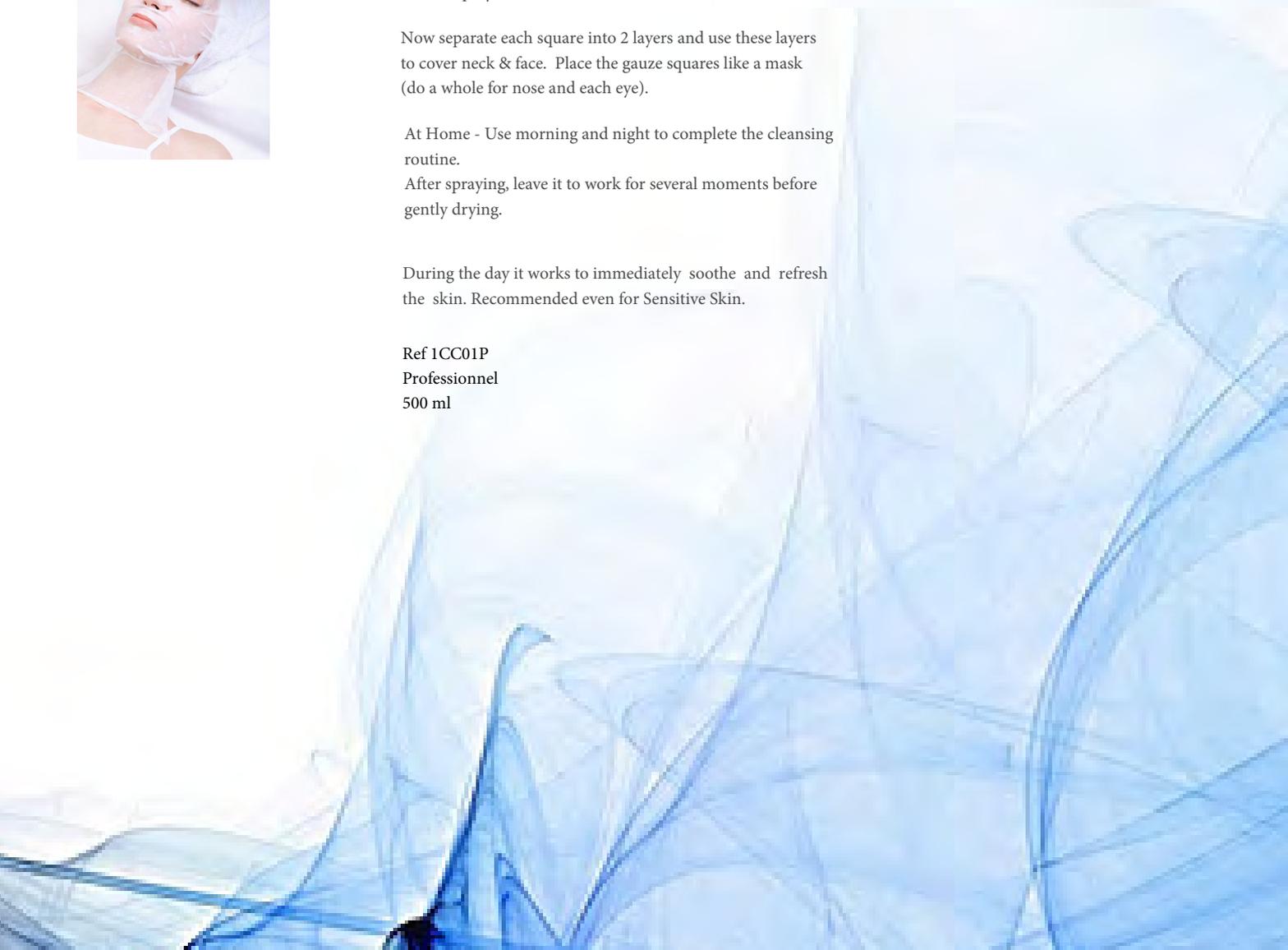
Now separate each square into 2 layers and use these layers to cover neck & face. Place the gauze squares like a mask (do a whole for nose and each eye).

At Home - Use morning and night to complete the cleansing routine.

After spraying, leave it to work for several moments before gently drying.

During the day it works to immediately soothe and refresh the skin. Recommended even for Sensitive Skin.

Ref 1CC01P
Professionnel
500 ml



Gommage aux Algues & Aloe Vera Algae & Aloe Vera Normal Skin Scrub

Enriched with Algae Extract, Lithothamnium Algae particules and Aloe Vera.

Provides a soft peeling effect that will remove dead skin cells from the epidermis.

Suitable for all skin types.

ST Perform with steam

Apply Algae & Aloe Vera Scrub to your hands and rub them together to distribute. (the exfoliator can also be applied with a spatula)

Gently press over chin, central cheeks and central forehead., avoiding the eye area. Gently massage for one minute under steam. Remove all product with gauzes and water.

Remove the **hot 'neck roll'** from underneath client's neck and use it to remove exfoliator.



Ref 1P03
Professionnel
200 ml



Instant® Bamboo Microdermabrasion (micropolish)

Microdermabrasion is probably one of most popular procedures out there today. Too bad most microdermabrasion product “kits” on the market are over complicated and require multiple steps. But not ours.

Pearl powder or Bamboo Instant Polish yield incredible results with just one simple step. Just massage over clean skin for several minutes – then rinse it off.

bleu & marine manual Microdermabrasion treatment utilizes ultra-fine pearl or bamboo crystals in a unique exfoliating base to buff away dull, dreary cells and reveal fresh, new skin.

- Removes dead cell layers, revealing fresh, new skin
- Smoothes skin and improves clarity
- Helps unclog pores for clearer looking skin

The Instant® Bamboo Microdermabrasion (micropolish) is a powder containing an oily phase (plant oils) which instantaneously dissolve in water to form a creamy & microabrasive mousse.

The natural bamboo particles are extremely fine and enable a very soft microdermabrasion process by gently removing dead skin cells.

The skin is refreshed, soft and clean. The organic silica extracted from the nodes of female bamboo stems, (called tabasheer in India), is perfect for microdermabrasion because it improves skin refinement and complexion.

Main ingredients

Bamboo silica powder, -Titanium , Grape seed oil, Coconut oil
PRESERVATIVE-FREE

Directions for use

dose: 5 g of powder for a facial care

Preparation: Mix quickly 5 g powder with 10 ml of water in a bowl until it transforms into an unctuous cream.

Application Apply a small amount over clean, moist skin avoiding the eye area. Let it act 3' or add steam. Scrub gently with fingers or a facial brush doing circular movements all over neck and face.

Rinse it off with a moist towel and apply a cold oshiboris at the end.

Ref P204
Professionnel
10 g unidosis sachet



Crème de Massage Algues & Silicium Algae & Silicium Massage Cream

Organic silicium is an element that is naturally present in skin structures, it is a major active ingredient in cell renewal, regeneration and moisturizing.

Specific active ingredients have been introduced in addition to the silicium, thus giving to this cream its unique cell stimulating action. Very relaxing fragrance.

Function / Specifications

Silicium + marine extracts (collagen, fucus vesiculosus) firms and improves skin elasticity, reduces facial expression lines by up to 75% and significantly reduces traces of skin distension.

Silicium + botanic complex (proteins)
Amino acids that are found naturally in tissue, capable of increasing and harmonizing cell renewal, and fighting against skin distension.

Silicium + natural oils
A Soothing, intensive moisturizing active ingredient that reduces irritation, protects against daily aggressions: ultraviolet rays, pollution, air-conditioning, stress, smoking, unbalanced diet, etc. It de-stresses and rests the skin.

This unique massage cream offers immeasurable massage movement and glide.

bleu & marine Signature Massage - it's entirely relaxing, completely soothing, and will stimulate beneficial circulation. This Signature Technique is performed during the Custom Blend Massage step of a facial, and is created for most skin types, from very oily, to very dry, even sensitive.

This technique doesn't leave out a single muscle or movement -- focusing on points around the eyes, temples, the jaw line, v-area and ear lobes.

How to use
Simply apply on cleansed skin and
massage gently.



Ref 1C10
Professionnel
500 / 1000 ml



Destress-Lift Calmosensine Serum

CALMOSENSINE™ is based on a peptide found in the body which promotes the natural release of messengers that trigger happiness and feelings of well being. It diminishes and relaxes fine lines and wrinkles.

Calmosensine™-modulates perception of unpleasant sensations; enhances well being; alleviates tension to prevent the onset of expression lines and wrinkles.

It is a messenger of happiness and muscle relaxation, Calmosensine™ helps prevent the appearance of first wrinkles.



How to Use It

After cleansing the face, apply Calmosensine Serum to the face and neck through the Jacquet-Leroy pinching technique, until it has been absorbed.



Ref 1S07
Professionnel
80 ml

Fresh Herbs Anti-Acne Instant Mask

The Fresh Herbs Anti Acne Instant® Mask is a powder containing an oily phase (plant oils) which instantaneously dissolves in water to form a creamy emulsion.

The green particles in the texture and the characteristic scent of this product reflect the wealth of aromatic plants used. Ideal as a Spa treatment or as a skin care at home, this mask has anti-bacterial & rebalancing properties and is particularly suitable for young, oily & sensitive skins. This care leaves the skin feeling calm and re-balanced.

Parsley has anti-inflammatory properties and acts as a skin smoother.

Rich in Vitamin C, pro vitamin V and chlorophyll, it increases circulation and helps purify the skin. Watercress reduces skin irritations and has great detoxifying properties.

Dill is an antibacterial agent and promotes skin elasticity. Basil invigorates and rebalances the skin.



Directions for use:

10g of powder for a facial care.
Mix quickly 10g powder with 30ml of water in a bowl or in a shaker until it transforms into an unctuous cream.
Apply it to the skin and let it act.
Rinse it off with a moist towel.

Duration: 10'.

Ref P206
Professionnell
200 ml



Destress-Lift Calmosensine Cream

CALMOSENSINE™ is based on a peptide found in the body which promotes the natural release of messengers that trigger happiness and feelings of well being. It diminishes and relaxes fine lines and wrinkles.

Calmosensine™-modulates the perception of unpleasant sensations; enhances well being; alleviates tension to prevent the onset of expression lines and wrinkles.

Peptide acts as a molecular messenger.
Peptide is recognised by a cell membrane receptor that it triggers intracellular action.
Promotes tissue repair and participates in wound healing.



How to Use It
Apply with Pompage bleu&marine Signature Technique



Ref 1C11
Professionnel
tube 200 ml

Formulas: No paraben, silicone, petrochemical derivatives, PEG, phenoxy-

MAIN INGREDIENTS

Algae Extract:

- Active substance used to normalize the skin's moisture content and provide suppleness to the epidermis. Used to add vital oligo-elements and increase surface hydration. Seaweed does a really good job of soothing skin and adding a great protective barrier for skin.
- Algae Combination: Lithothamnium calcarum seaweeds, micronized laminaria digitata, and micronized fucus vesiculosus for metabolic balance. This special combination is rich in iodine, which is osmoted through the skin to stimulate the metabolic processes.

Aloe Vera

- Stimulates fibroblasts, the skin cells responsible for wound healing and the manufacturing of collagen, the protein that controls the ageing process of the skin and wrinkling. The skin absorbs aloe vera up to four times faster than water; it appears to help the pores of the skin open and receive the moisture and nutrients of the plant

Bamboo

- It helps tone skin, encourage healing and diminish inflammation. It is even believed to have aphrodisiac powers. Bamboo stems contain high quantities of silica, a structural element that plays an essential role in the organization of connective tissue. The siliceous exudate collected from the nodes in the stems is called "tabashir" in India and "bamboosil" in China.
- The silica from bamboo extract improves skin health by helping the skin absorb essential minerals such as calcium, potassium, and magnesium. Bamboo extract also offers anti-irritant properties, soothing the skin. It also contains anti-oxidants, helping to minimize wrinkles and naturally boost youthful radiance.

Brown Algae (Latin name: Laminaria digitata)

- This 2-m long alga belongs to the Laminariaceae. To protect themselves from the stress they undergo during low tide periods, Brown Algae have a protective skin containing polysaccharides. These agents are known for their ability to limit inflammatory skin reactions and thus reduce irritations and maintain the skin barrier by protecting Langerhans cells (immunoprotective barrier). This active principle also enhances the action of the hydrolipidic film and thereby prevents dehydration as it binds moisture in the horny layer and boosts the remanence of the moisturizing effect.

Calmosensine*

- A powerful peptide, Calmosensine* produces a 63% increase in the synthesis of the precursor of endorphins, the so-called "molecules of happiness", by the keratinocyte cells (in vitro test conducted by Sederma on the relaxing effect of Calmosensine in October 2003). Skin is thoroughly relaxed and looks radiant, resplendent with beauty.

Hyaluronic acid

- Hyaluronic acid is a polysaccharide that is naturally present in the skin, and helps to form the skin's support mattress. It also acts as a sponge for water, and is essential to maintain moisture levels. The hyaluronic acid used is 100% natural sodium hyaluronate, obtained through biotechnology from a plant substrate (wheat and beets). The chemical structure of the molecule produced using biotechnology is identical to the one produced endogenously by fibroblasts.

Ivy Extract (Hedera Helix) -

- It has toning, tightening and skin refining properties and is specifically used to tonify tissues through water and toxins drainage.

Mandarine Essential Oil -

- Anti Septic: It protects wounds from being septic and other bacterial, fungal or viral infections. It forms a protective covering on the wound and promotes collection of blood platelets and leucocytes at the effected place, thereby checking the intrusion of microbes. Further, the oil itself has bactericidal and fungicidal properties and kills them, thereby adding to the effect
- Circulatory: This oil of Mandarin improves circulation of blood and lymph, particularly below the skin which keeps the skin rejuvenated and looking young and vibrant
- Nervous Relaxant: Although the oil is a common sedative, it's sedating

action is more prominent in relaxing and calming nervous afflictions and disturbances. It can calm attacks of epilepsy, hysteria and convulsions. Further, it takes away stress and anxiety

- Relieves stress; cures skin disorders and maintains moisture balance in the skin

Marine Collagen

- Increased collagen can make the skin function more effectively. Collagen production is vital to healthy skin. Reduced levels of collagen are especially noticeable in the skin because the skin loses its elasticity and becomes prone to sagging with age.

Lavender Essential Oil

- The health benefits of lavender oil for the skin can be attributed to its antiseptic and antifungal properties. It is used to treat various skin disorders such as acne, wrinkles, psoriasis, and other inflammations. It heals wounds, cuts, burns, and sunburns rapidly as it aids in the formation of scar tissues
- Lavender essential oil has a calming scent which makes it an excellent tonic for the nerves. Therefore, it helps in treating migraines, headaches, anxiety, depression, nervous tension and emotional stress. The refreshing aroma removes nervous exhaustion and restlessness and increases mental activity.

Your skin is Normal if:

Normal skin has an even tone with a soft, smooth texture. Although on the majority of what is considered normal skin there are no visible pores or blemishes and no greasy patches or flaky areas, it is 'normal' to have blotches and pimples and minor variations. The surface is clear, fine-textured, supple, and smooth to the touch. Normal skin glows from good blood circulation and excellent overall health.

Normal skin has an adequate amount of water and lipids and a moderate sensitivity level. There is no such thing as "perfect" skin in teenagers or adults.

TIP:

When babies are born their skin is new and perfect, but we should have no expectation that this should be the case as we age.

Your essential professional beauty products for Normal Skin

Remove make-up

Cleansing Milk

Seaweed and collagen are the active ingredients of this fabulous milk that delicately cleanses the skin while providing it with all the powerful marine vitamins, minerals and anti-oxidants. Its creamy consistency caresses your skin for a full pampering experience.

How to use it?

Apply to wet skin and massage over face. Rinse. Here's a tip: Wash your face every morning and night, and never go to sleep in your makeup. It can contribute to clogged pores and breakouts..

Key Ingredients

- Algae & Collagen, Toning ivy extract



Rebalance

Sea Tonic Lotion

Hydrates just-cleansed skin
Rebalances and nourishes
Prepares skin for moisturizer

How to use it?

After cleansing, close eyes and spritz all over the face, neck and v-area. Gently massage into skin leaving it slightly moist.

Key Ingredients

- Strengthening and balancing plant extracts
- Purifying, toning, invigorating Hamamelis



Pore Cleanse

Purifying Cleansing Gel

Deep cleanses skin
Helps remove impurities and excess oil
Leaves skin feeling refreshed and sparkly clean

How to use it?

Apply to wet skin (or under steam) and massage over face with finger or brush. Rinse.

Key Ingredients

- Strengthening and balancing plant extracts
- Purifying, toning, invigorating essential oils



Exfoliate

Algae & Aloe Vera Scrub

Enriched with Algae Extract, Lithothamnium
Algae particles and Aloe Vera.

Provides a soft peeling effect that will remove dead skin cells from the epidermis.

Suitable for all skin types.

How to use it?

Gently massage for one minute
Remove all product with water.



Manual Microdermabrasion

Polish Bamboo

Manual Microdermabrasion treatment that utilizes ultra-fine bamboo crystals in a unique exfoliating base to buff away dull, dreary cells and reveal fresh, new skin.

How to use it?

Mix 5 g of bamboo powder with water to obtain a creamy exfoliator. Apply over entire face like a mask. Let dry for 3 minutes. Scrub gently with fingers or with a face brush. Wipe off with a damp cloth and immediately apply a bleu & marine Moisturizer. Use 1 - 3 times a week

Key Ingredients

- organic silica extracted from the nodes of female bamboo stems and oils.



Mask

Calmosensine Mask

- Protects skin from damaging environmental pollutants
- Fights free radical damage
- Hydrates and smooths skin texture

How to use it?

Apply a thin layer to entire face and neck.

Rinse after 10'

What it does ?

A moisturizing antioxidant mask that protects your skin from damaging environmental pollutants and stress



DeStress Complex

Calmosensine Serum

based on a peptide found in the body which promotes the natural release of messengers that trigger happiness and feelings of well being. Diminishes and relaxes fine lines and wrinkles.

Calmosensine™-modulates perception of unpleasant sensations; enhances well being; alleviates tension to prevent the onset of expression lines and wrinkles.



Moisturizing

Calmosensine Cream

- Protects against free radicals
- Provides high impact hydration
- Restores skin's protective barrier

Calmosensine peptide (protein)

- acts as a molecular messenger.

- is recognised by a cell membrane receptor and binds to the receptor.

-It triggers intracellular action.

-Promotes tissue repair





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MADE IN FRANCE