

SOIN CLARIFIANT



Whitening Skin Treatment 60 mins Face & neck (mature skin with pigmentation)

Pre-procedure work station set up

Tools & equipment	Products
Large facial bowl	Biphasé - Jojoba & Cornflower floral water
Small facial bowl	Algae & Collagen Cleansing Milk
Warm towels	Deep Cleansing Gel
Steamer	Sea Tonic Lotion
High frequency	Bamboo Microdermabrasion.
Cleansing brush	Pure Rose Hip Oil
Spatula, Plastic Bag	Whitening Peel Off Mask
Applicator brushes x 2	Marine Breeze Concentrate
Comedone extractor	Whitening Serum
Tissues, Cotton pads, Gauze	Whitening Cream

OP = optional

Oshibori = warm towel compress

ST = perform with steam



Steps:

- 1) **Welcome Client**
- 2) **Hot Neck Roll** - **OP** – place it in plastic bag and cover it with dry towels and put it under client's neck.
- 3) **Essential Oil** - **OP** - apply a few drops of aromatherapy oils on your hands. Put your hands above clients nose and ask the client to take 3 deep breathes to encourage relaxation.
- 4) **Pre Cleanse** - 1) apply Biphasé - Jojoba & Cornflower floral water with pre-moistened cotton round to remove all eye make-up. 2) apply Algae & Collagen Cleansing Milk to face and neck to remove facial make up. Remove cleanser with **oshibori** or warm water with gauze.
- 5) **Skin Reading** (refer to Facial protocol for more information).
- 6) **Cleanse** - **ST**– apply Deep Cleansing Gel all over neck & face with two applicator brushes simultaneously. Cleanse under the steam using “cleansing massage” or “ the technique of brushing”. Remove cleanser with **oshibori** or warm water with gauze. (see Signature Technique for further details.)
- 7) **Tone** – spray Sea Tonic Lotion to skin and pat dry.
- 8) **Exfoliate** - **ST**– with Bamboo Microdermabrasion. (refer to Facial protocol for more information).
Application: Apply over face and neck avoiding the eye area, gently massage under steam with fingers or a facial brush doing circular movements all over neck and face for 3mins. Remove the hot ‘neck roll’ from underneath client’s neck and use it to remove exfoliant.
Perform extractions if needed. Turn off steamer.
- 9) **Marine Breeze Concentrate** – spray 2 pumps over face and neck (do not pat dry).
- 10) **Facial Massage** - using Pure Rose Hip Oil. Do not remove product after massage.
- 11) **Powerful Treatment Serum** - using Whitening Serum, for greater penetration use - **OP** - Pincement Jacquet Technique Movements. (see Signature Technique for further details.)
- 12) **Powerful Treatment mask** – use Whitening peel off Mask; Mix 30g powder with 90 ml of water. Apply a thick layer to the upper neck first and to the face. Leave it on for 10-15'. Peel it off in one piece like a second skin. Gently rub off any remaining pieces of the mask with warm oshibori.
- 13) **Powerful Treatment Cream** use Whitening Cream and finish off with the “Sea Energy Tap” movement (see Signature Technique for further details.).

TREATMENT FREQUENCY:

Intensive program: 10 sessions (minimum). Optimal treatment results are obtained with 1 treatment every 2 weeks. A home follow-up treatment program enhances long-term results.